

## SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

### *Minutes 9/19/2023*

In Attendance: Kelsie Bednarz, Kelly Clark, Chris Conway, Wendy Duemmler, Lashenna Gaines, Kasha Giddins, Amy McAteer-Jones, Wendy Nielsen, Christine Skrutowski, Dylan Stamey, Stephanie Starr, Charlee Williams, Susannah Stone-Gill, Susan Rogers

#### Business:

- 4:00 pm- meeting opened on 9/19/2023
- Minutes from 5/9/2023 were approved.
- Kelsie Bednarz, Dietician for School Nutrition, reported that the UCPS had a week long Audit by the state. No major issues noted during Audit.
- Update on Goal 1: Community Collaborative regarding Drug/Tobacco Vaping and Substance Use Disorder. Stephanie Starr, Director of Community Support and Outreach, and Chris Conway, College Readiness and Humanities Coordinator plan to try to get Luka Kinard to return this year and speak at more UCPS schools. New Health/PE curriculum approved by the curriculum committee "You and Me Vape Free" include updates on nicotine and vaping and have been approved for 6<sup>th</sup> and 9<sup>th</sup> graders and will be rolled out this year.
- Discipline measures for substance use in school still being explored. Stephanie Starr would like to see an in-person drug education program that includes a retired Sheriffs office member, Social worker and a Mental health therapist. This would be a team approach that includes the parent and a potential treatment plan for the student. She discussed a possible pilot that would be implemented in the schools with the highest number of discipline incidents for substance abuse. UCPS is looking at online programs that can be used as part of the discipline process to educate students.
- Update on Goal 2: Establish and strengthen mental health support for UCPS student population; increase Mental Health Therapists, Social Workers, and expand teletherapy. Kasha Giddins, Director of Student Support, reported that UCPS is working with schools that need improvement and support. Atrium Telehealth therapy has expanded to include to include 4 middle schools. Dr Gaines and Kasha Giddens checked in with student support teams in schools in the spring. Student support teams at the school level are meeting 1 to 2 times a month. Kasha spoke about a form regarding Threat Assessments that help quantify what is being done in the schools and show potential areas for improvement in the process.
- The 2023-2024 meetings virtual vs in person and start time of 3:00 pm? What is easier? What is more productive? Would more folks be able to attend if virtual or earlier time? The plan is to ask all members and see what the majority prefers. Wendy Nielsen will send a survey out to collect preferences. Once decided, meeting invites will be sent out for the dates.
- The dates of the meetings for 23-24 are:
  - Monday, December 4, 2023
  - Tuesday March 12, 2023
  
  - Tuesday, May 14, 2023
- Meeting adjourned